Physical Activity and Dietary Beliefs and Behaviors of Latino Preschool-Aged Children in Farmworker Families

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Friday, January 4, 12:15-1:00
OSU Center for Health Sciences
Dunlap Room, 1111 West 17th Street
Van from Stillwater and light lunch in Tulsa provided

At the conclusion of this seminar participants will be able to:

- Articulate at least two barriers to children's healthy diet and physical activity confronted by Latino farmworker families
- Describe cultural beliefs about children's diet and physical activity held by mothers in Latino farmworker families
- Characterize the quality of children's diets and level of physical activity

Questions? Contact Dr. Harrist, amanda.harrist@okstate.edu.
RSVP for van to Lynda Dillwith, lynda.dillwith@okstate.edu